

## Client Overview

### Client Name

Mona Mattar

### Hair Profile (Summary Extraction)

- Natural colour: Level 6 brunette
- Density: Medium
- Strand type: Fine
- Grey coverage: ~25% through the front hairline
- Damage type: Chemical damage (likely previous lightening)

### Hair Goals

- Brighter face-framing colour
- Natural looking result
- Low maintenance colour
- Maintain healthy ends

### Hair Concerns

- Dry ends
- Breakage around the front hairline
- Greys becoming more visible at the front
- Underlayer appearing too dark

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## **Colour History**Balayage twice per year

- Previous foil work likely around the hairline
- Over-processing visible in front sections

## **Maintenance Preference**

- Salon visits every **3-4 months**
- Low maintenance colour

## **Hair Profile**

Mona has **fine strands with medium density**, meaning the hair can appear full but individual strands are delicate and more susceptible to chemical stress.

Her natural base sits at **Level 6 brunette**, which provides an excellent foundation for soft lightening techniques such as balayage or diffused face-framing highlights.

The presence of **approximately 25% grey at the front hairline** suggests the early stages of grey blending will be beneficial. This allows colour work to enhance brightness while subtly integrating greys rather than aggressively covering them.

Fine hair combined with previous lightening means **bond protection and structural care** will be essential in future colour services.

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## Key Observations

During the consultation several important structural and colour observations were identified:

- **Breakage around the front hairline** likely caused by repeated foil lightening in the same sections
- **Dryness through the ends**, suggesting cumulative lightening damage
- **25% grey concentration at the hairline**, which can create contrast against darker base colour
- **Underlayer at the back appearing too dark**, likely due to balayage placement focused mainly on the surface
- Existing balayage pattern already provides a **low maintenance grow-out**, which aligns well with Mona's lifestyle preferences

Overall, Mona's hair shows **localized over-processing rather than global damage**, meaning the integrity of the hair can be improved while still achieving brightness.

## Colour Compatibility

Mona's natural **Level 6 base** is highly compatible with soft dimensional lightening.

This base allows us to achieve:

- Honey beige blondes
- Soft caramel highlights
- Neutral beige face framing brightness

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Because the hair is **fine**, aggressive lightening is unnecessary. Subtle dimension will often appear brighter on fine hair because light reflects more easily from the surface.

Grey integration at the front can be blended seamlessly through **strategic placement rather than full coverage**, helping the colour remain natural as it grows.

## Recommended Colour Strategy

The goal is to create **brightness where it matters most (around the face)** while protecting the hair and maintaining a natural grow-out.

Recommended strategy:

### 1. Face Frame Brightening

Introduce delicate micro-highlights around the hairline to softly blend greys while brightening the face.

### 2. Dimensional Balayage Refresh

Refresh the existing balayage through the mid-lengths to maintain dimension without overlapping lightener on fragile ends.

### 3. Underlayer Correction

Lift selected interior sections at the back to reduce darkness underneath and balance the overall colour.

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## 4. Gloss Tonal Balance

Apply a soft beige gloss to refine warmth, enhance shine and condition the hair after lightening.

This approach maintains a **luxury low-maintenance colour** while supporting the hair's long-term health.

## Salon Service Plan

**Visit Frequency:** every 12–16 weeks

### Appointment Structure

#### Visit 1 – Colour Refinement

- Strategic face-frame micro highlights
- Interior balayage refresh
- Underlayer lightening correction
- Bond protecting lightener
- Conditioning gloss toner
- Precision trim to remove dry ends

Estimated timing: **3–4 hour colour session**

#### Visit 2 – Maintenance Gloss

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- Tonal gloss refresh
- Targeted grey blending if required
- Bond repair treatment
- Light dusting trim

Estimated timing: **1.5-2 hours**

This cycle maintains brightness without repeatedly stressing fragile areas.

## Product Routine

To support colour longevity and repair existing damage, the following routine is recommended.

### Shampoo

A **bond repairing shampoo** designed for chemically treated hair.

Tip: On the **second shampoo**, **allow the foam to sit for 2 minutes** to allow the active ingredients to penetrate the hair fibre.

### Conditioner

A strengthening conditioner containing proteins or amino acids to reinforce fine strands and reduce breakage.

### Weekly Treatment

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Use a **bond rebuilding or molecular repair mask** once per week to restore internal hair structure.

## **Leave-In Protection**

Apply a lightweight leave-in treatment or cream to protect fine strands from heat and environmental stress.

## **Styling Protection**

Always use a **heat protection spray or cream** before blow-drying or hot tools to prevent further dryness at the ends.

## **Outcome Goal**

Within **4–6 months**, Mona’s hair should appear:

- Brighter around the face
- Balanced in tone from front to back
- Softer and healthier through the ends
- Naturally blended with emerging greys

while maintaining a **low-maintenance salon schedule** that fits her lifestyle.

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